

CAMPER'S NAME

(please print clearly)

Name: _____

Address: _____

City: _____ Zip: _____

Age: _____

Grade level Fall of 2019: _____

Contact Phone # _____

Email* _____

**a confirmation email will be sent to this email*

T-SHIRT SIZE (please circle):

YOUTH: L XL

ADULT: S M L XL

PLEASE MAKE THE CHECK PAYABLE TO:

Ed Ohlson
123 Wolf Drive
Allentown PA 18104
610.737.6417

Please complete both sides of this section and return it with your check of \$175 to the address above.

Become a part
of the...

Learn to play like a Lady Trojan
from members of the Parkland
Lady Trojan Coaching Staff.

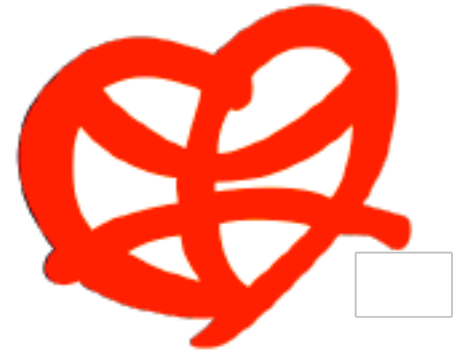
Interact with current and
former players and coaches
during all daily activities.

Play with and against past and
present Lady Trojans in Daily
Camp challenges.


Lady Trojan
Tradition

20th Annual

LADY TROJAN



July 8th - July 12th
2019

For Girls Ages 7-15
Grades 2-9

Directed By:
Ed Ohlson, Head Coach
Parkland High School
Girls' Basketball

CAMP PROGRAM



The LADY TROJAN BASKETBALL CAMP teaches and reinforces basketball fundamentals through individual and group drills and team games and skill competitions. At the conclusion of camp, each camper will receive an evaluation and an outline of individual drills to encourage development and player growth.






You will receive a confirmation email shortly after registration. The CAMP will take place at PARKLAND HIGH SCHOOL.

All campers should arrive between 8:30AM and 9:00AM.

Campers must bring their own lunch Mon-Thurs, and there will be a PIZZA PARTY ON FRIDAY. Basketballs will be provided by the camp.

Campers should arrive dressed in gym attire and ready to have FUN and play basketball! No JEWELRY please!

EACH CAMPER WILL...

-  Receive a CAMP shirt
-  Be eligible for team/individual awards
-  Receive a personal evaluation
-  Enjoy a PIZZA PARTY on Friday
-  Get AUTOGRAPHS from your favorite LADY TROJAN basketball players!

AWARDS CEREMONY 1PM FRIDAY

PARENTS WELCOME!

SAMPLE DAILY SCHEDULE

- 8:30-9:00- Open Gym
- 9:00-9:20- Attendance & Stretch
- 9:20-9:45- Individual Scoring
- 9:45-10:45- Skills & Drills
- 10:45-11:45- Team Practice & Games
- 11:45-12:30- LUNCH
- 12:30-1:00- Coach's Corner & Warm-up
- 1:00-1:45- Camp Competitions
- 1:45-2:30- Team Practice & Games
- 2:30-3:00- Closing Activity & Remarks

LADY TR JANS!

Lady Trojan Basketball

I understand that I am financially responsible for any medical bills incurred by my child while at camp. I authorize the staff of the Lady Trojan Basketball Camp to act as they deem fit in the event an emergency arises. I hereby release and forever discharge the staff of the Lady Trojan Basketball Camp of and from all manner of actions, suits, damages, claims, and demands on account of personal injury or death arising from my child's participation in the Lady Trojan Girls' Basketball Camp.

PARENT SIGNATURE

PRINT NAME

DATE

HEALTH INSURANCE (circle one): YES NO

INSURANCE CO: _____

SUBSCRIBER'S NAME: _____